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Dear Marilyn

Thank you for introducing me to the Isagenix system. As you know, I am a board Certified Anesthesiologist with an interest in nutrition who has now become an Isagenix convert.

I have always had a problem with weight control, with the classical yoyo pattern of gain and lose. I had been temporarily successful with losing in the past with other classical methods, but they ceased to work this time. When my weight reached 233 lbs, you asked me once again if I was finally ready to try this lifestyle (I should have listened last year when you recommended the program to me but I had been skeptical). This time I needed to try a different tactic.

The program is very easy to follow and I have lost over 45 lbs so far and feel 10 years younger. My snoring at night has stopped; my hips and knees no longer hurt and I have more energy than I have had in years. I totally endorse this system and have actively shared it with others. In fact ,over half of my department is using the isagenix system, with great results. Thanks again for the advice.

Sal Ferrante MD