



LOCAL 342

Long Island Public Service Employees

UNITED MARINE DIVISION

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To my Fellow Members:

The President of Local 342 and its Executive Members would like to introduce to you a company they feel has great potential for its membership, that company is HeartScan. This company deals with preventative medicine and tries to Prevent certain diseases through early detection.

I personally had the scan that you will be told about and I have to tell you it can be lifesaving! The process takes about thirty-five minutes and well worth the peace of mind it can give you. I am a 47 year old male who ate right, exercised 4 times a week, take vitamins, went to my doctors and thought I was doing everything right. The problem I had was that I could not know what was going on inside of me and that turned out to be the scary part. I felt great, never had any problems with my blood work always did well on my tests but it was there, something that was going on inside and it took this test to be discovered.

A week after I got the results from this test I was told to bring the results to my cardiologist, which I did and the not so important find on my thallium stress test three weeks earlier became something that I had to address immediately. I got in touch with an interventional cardiologist and set up an angiogram. I had the procedure and they found four blockages in me from 50 to 99 percent in two of my main arteries of my heart. they corrected my problems with five stents and today I feel like I have a new lease on life not really knowing how truly close I was to either a heart attack or the end of my life.

You all know I am a very private person at work and don't talk about my personal life but this is something that even I would not keep to myself. I would want everyone to have the same opportunity I had from this company, to have and continue my lifestyle that I cherish so much. This company can help prevent something that can change you and your family's life forever.

Please if not for yourself listen to what this company can do for your families. I've said many times to many of you take the time to invest in yourself in your career but now also for your families. I know it may sound a little emotional but I was when I wrote this hoping that my experience will help others take this opportunity seriously.

A wise man tells me " Don't let your heart be troubled" , sometimes it needs a little help!

Fraternally,

Chris Vela, Member of Local 342